



## ST NEOT SCHOOL SPORT AND SPORTS STRATEGY 2022-23

PE Co-ordinator- Improvement Planning, Provision Mapping, Learning Quality Assurance and Impact Assessment: Mrs L Gouge

We hold the prestigious AfPE award giving us Quality Award Status with Distinction, retain our Healthy Schools Status and have been awarded Sainsbury School

Games Bronze for this academic year

### PE AND SPORT FUNDING

The government has provided funding of £150 million per annum across the country. Money is ring-fenced and intended to increase participation and improve quality of provision for all children. Each school receives £16000 + £10 per child in years 1-6. The physical, emotional and social well-being of our children is at the heart of everything we do at St Neot School. We want happier, healthier children who achieve their potential.

To improve the quality, breadth and depth of PE and sport provision, including increasing participation in PE and sport so that all pupils develop healthy lifestyles and enjoyment sporting experiences	
To engage pupils and teachers in developing an enjoyable, high quality, broad and balanced curriculum	
To provide a well organised appropriate and enjoyable programme of competitions and festivals for all pupils of all abilities, including those with SEND, at local and County level and linking to national sporting bodies	
To provide valuable opportunities to develop leadership programmes across all Key Stages	
To ensure that all pupils of all abilities can transfer their school activities to sustained community based sport	
To ensure that all pupils who are gifted and talented in PE and sport are identified and appropriately signposted to a suitable talent development programme	
To ensure that more pupils take part more often in school and locally co-ordinated physical activity	
To ensure that pupils and families are educated about the health related benefits of engaging regularly in sustained physical activity and dietary choices	
To ensure that all stakeholders involved in the delivery of PE and sport share the vision and ambitions of this plan and work together to meet its aims	
To maintain an effective PE and sport rolling programme making best value decisions on how to deploy funding	
Key Pupil Group	Rationale for Selection
Pupil Premium Grant	To promote improved lifestyle choices through awareness and participation in extended sporting provision
Gifted and Talented	Extending higher order PE specific skills and encourage access to high quality out of school provision
Lifestyle Awareness	To promote improved lifestyle choices through awareness and participation in extended sporting provision
Physical Development	To deliver specific co-ordination skill improvements and to increase regularity of access to sporting provision



Key achievements to date until July 2023:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> <li>- 54 (98%) children swam across KS2</li> <li>- 67% of Year 6 can swim 25m in at least 3 different strokes</li> <li>- 33% of Year 6 can swim 10m but not 25m</li> <li>- 56% of all KS2 children swim to government's standard (25m)</li> <li>- 11% of all KS2 children swim beyond government's standard (at least 50m)</li> </ul> <p>afPE Quality Mark with Distinction.</p> <p>100% children (including nursery) took part in our annual Sports Day.</p> <p>Our partnership with Arena has continued and the children experienced a calendar of competitions and festivals.</p> <p>Progression of skills developed and implemented across the school.</p> <p>Staff upskilled in the teaching of dance – Ballare Dance.</p> <p>Wellbeing and Mindfulness sessions implemented throughout the school.</p> <p>Children across the school are active during their break and lunchtime. They make the best use of all playground markings and climbing equipment.</p> <p>Wide range of after school sports and activity clubs offered after questioning children on what additional sporting opportunities they would enjoy (rugby, girls' football, gymnastics etc)</p> <p>Healthy Schools Award maintained.</p> <p>Coaches continued to work alongside teachers to upskill teachers.</p>	<p>To continue swimming lessons for years 1-6 to ensure children develop good technique, swimming stamina and safe self-rescue.</p> <p>Continue to develop our wellbeing offer with further wellbeing days and focussed mindful time a more regular occurrence.</p> <p>Providing a range of after school clubs in order to instil a love of physical activity which can be applied in competitions and community sports.</p> <p>Coaches continue to upskill teachers.</p> <p>Promote active lessons and break and lunch times through use of refurbished outside areas and new equipment purchased.</p> <p>Reconnect with community sport clubs to assist with after-school clubs.</p>



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### PE and Sport Premium Key progress and Impact Indicators

Progress and Impact indicators	2018-19	2019-20	2020-2021	2021-2022	2022-23
Improvements identified in School Development Plan	Children develop skills and understanding and challenges are met	Sainsbury School Games Gold Award achieved for the third year in a row. We hope to go for Platinum next year  Resources for planning were purchased and are being implemented.	The Quality Mark Panel have awarded St Neot School with the afPE Quality Mark Award with Distinction for three years.	PE Coordinator trained as Mental Health lead for school.  Bounce system put in place to assess children's mental health and wellbeing.	Mental Health and Wellbeing assemblies, MH display board, use of Bounce app all contributing to a raise in profile of MH and WB in school.
High quality learning in PE and sport	Teachers and teaching assistants are upskilled and confident in providing a wide range of high quality PE lessons and individualised support	Professional coaches employed to provide upskilling of teachers and teaching assistants ensuring confidence in providing a wide range of high quality PE lessons and individualised support .	Professional coach has provided high quality progressive lessons both in school using COVID safe guidance and through video links during lockdown to all ages, EYFS to Year 6.	Teachers and teaching assistants are upskilled and confident in providing a wide range of high quality PE lessons and individualised support.	Twinkl Move purchased and added to our progressive curriculum.
Extended PE breadth of opportunity	Curriculum is exciting and engaging based on new two year rolling programme	Professional coaches employed to provide upskilling of teachers and teaching assistants ensuring confidence in providing a wide range of high quality PE lessons and individualised support .	CPD training by a professional has upskilled teachers to provide progressive skills and techniques to support lessons.	Progressive 2 year rolling programme ensures all children receive a broad range of experiences in PE and sport.	Twinkl Move lessons ensure a wide range of PE is offered across the school.
Impact on pupil achievement in English and Maths	Assessment shows that pupils have more self-confidence in PE, which they transfer to the classroom to improve attainment	Across the year groups children's attainment has improved and they are benefitting from the new two year rolling programme.	All pupils have been given the opportunity to participate in extended outdoor learning in maths and English, which were both active and linked to wellbeing.	Across the year groups children's attainment has improved and they are benefitting from the progressive two year rolling programme.	Children have access to a wide range of outdoor learning and the progressive curriculum ensures attainment is high.



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Improving attendance rates at after school clubs	More activities are provided that are varied and engaging, for individuals and team building skills. Girls and boys maintain good attendance	More activities are provided that are varied and engaging and are well attended by girls and boys.	School clubs were opened when advised given the opportunity to both key stage 1 and key stage 2 to participate in sports clubs. PSHE played an active part in wellbeing this year with lessons built around discussion, being active and team work.	After school clubs very popular across key stages and gender.	A range of sports and activities are provided that are varied and engaging and are well attended by girls and boys.
Increasing participation in competitive sport	Pupils had opportunities to compete in 5 different level 2 competitions including the Plymouth Hockey Competition for the first time	Children participate in hockey, football, athletics, swimming and cross country competitive events	Due to COVID, competitive face to face sports have been disrupted. The school has participated in virtual challenges that were offered by Arena, both during home schooling and in school.	All KS2 participated in intra-school football tournament.  Football league, girls' football tournament, KS1 multi-skills, tennis tournament, athletics meet attended.	Children participate in football, athletics, swimming and cross country competitive events.
Improved personal fitness levels and skill development	Assessment across 6 week blocks shows an improvement in skill development	Sainsbury School Games Gold Award achieved for the third year in a row. We hope to go for Platinum next year.  We are reapplying for the afPE Award and will be notified in Nov. 2020	The Quality Mark Panel awarded St Neot School with the afPE Quality Mark Award with Distinction for three years on Monday, 14 <sup>th</sup> , December, 2020. Year 5 and 6 gained knowledge and understanding of surfing, whilst gaining fitness and water safety during an activity day out.	Assessment across 6 week blocks in a wide range of PE and Sport shows an improvement in skill development.	Progressive curriculum ensures skills are well taught and progress is made throughout the school. Monitored using Sonar tracking.



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Improved participation in community sporting events	Children represented at county level for hockey. Many pupils participate in local sporting clubs	Children represented at county level for hockey and crosscountry. Many pupils participate in local sporting clubs	Due to COVID competitive face to face sports have been disrupted. The school has participated in virtual challenges that were offered by Arena.	Children attend hockey, football, rugby, swimming, horse-riding, badminton, tennis community clubs.	Children attend hockey, football, rugby, swimming, horse-riding, badminton, tennis community clubs.
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Total funding for year 22-23 £16,960

Total Planned spend £20,315

Summary of Proposed PE Improvement Spending Intentions Outline Plan 22-23
To improve the delivery of PE and sports lessons by investing in CPD and quality coaching to ensure teaching is consistently good or better
To map skills progression into our PE Scheme of Work ensuring in depth learning provision for Gifted and Talented pupils is effective
To provide in-school and after school increased opportunities to participate in a variety of sporting clubs and local and County festivals and competitions
To maintain a commitment to supporting an annual audit of swimming provision for Key Stage 1 and 2
To gain measurable data of pupil and parent attitudes to PE, sport and health via surveys
To develop an explicit approach to promoting children's physical, emotional and social wellbeing
Funding to access additional sporting enrichment; sporting festivals, outdoor adventurous activities and high quality coaching
To target selected groups of pupils to ensure a personalised curriculum offer



**Key Indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school**

Provision	Amount	Impact and Evidence	Sustainability
<p>To continue to develop playground to increase the number of children active for 30 minutes.</p> <p>To support and promote physical activity and skill at EYFS and KS1.</p> <p>To develop playground leaders (Sports Crew) to promote leadership and physical activity for all pupils at lunchtimes</p>	£8000	<p>100% of children have benefitted from playtimes using the new, exciting playground markings.</p> <p>Children taught how to use apparatus and equipment safely. Equipment has been updated and repaired.</p> <p>Sports Crew playground leaders on a rota to support KS1 children in being active and using the equipment. Children regularly take part in playground games, including disengaged pupils.</p>	
Arena Membership purchased	£450	<p>Children participating in Arena festivals and tournaments</p> <p>PE Conference attended by PE Coordinator</p> <p>More children enter a range of Level 2 competitions and festivals.</p> <p>Children begin to participate in festivals and competitions from Year 1.</p>	





<p>Health and Wellbeing Day</p> <p>To further support pupils to understand the importance of healthy diets, mental health and physical activity.</p>	£300	<p>100% of children participated in our Health and Wellbeing Day, in their house groups</p> <p>Activities focussed on and included:</p> <ul style="list-style-type: none"> <li>- Emotions</li> <li>- Nature walk and art</li> <li>- Teambuilding games</li> </ul>	
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**Key Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement**

Sport/Provision	Amount	Impact and Evidence	Sustainability
<p>Whole school focus on pupil progression to ensure that all children show good physical literacy for their age.</p> <p>Twinkl Move PE lessons followed</p>	£999	<p>Staff meetings used to ensure staff are secure in their knowledge of national curriculum and school expectations around the PE curriculum.</p> <p>100% of staff feel like they knew how to access the materials provided to plan and deliver PE lessons. The curriculum is followed in planning and staff are confident to deliver, monitor and check coverage and progression from year to year.</p>	
<p>Use of Bounce to monitor participation in after school clubs</p>	£350	<p>PE Coordinator able to monitor the impact of providing extra-curricular activities and participation monitored.</p> <p>Children who are not participating have also been identified and new clubs have been introduced such as girls' football and KS2 Sports Club.</p>	



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New Sports Crew selected for the new academic year to raise profile of PE and school sport.	£60	<p>Sports Crew given the opportunity to make key decisions about PE and Sport and raising its profile within the school.</p> <p>Sports Crew lead assemblies to celebrate success in PE and school sport.</p>	
Celebration assemblies to recognise and reward achievement in PE and Sport	£50	<p>Assemblies delivered with a focus on achievement in PE and school sport, raising profile with pupils and parents/carers.</p> <p>Community sport achievements celebrated in weekly newsletter and assemblies.</p>	
<b>Key Indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport</b>			
Sport/Provision	Amount	Impact and Evidence	Sustainability
Sports and Dance specialists to provide structured lessons, and training for teaching staff to ensure positive impact across all PE lessons.	£4000	<p>4 teachers have been upskilled in football.</p> <p>4 teachers have been upskilled in dance.</p> <p>Foundation to Y6 lessons have enhanced skills and confidence.</p> <p>Inclusive PE curriculum which upskills teachers and pupils and ensures positive impact throughout all areas of PE.</p>	





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CPD for staff to include working alongside coaches and access to courses through ARENA CPD	£450	Staff up skilled in a variety of PE curriculum areas:  1 teacher upskilled in Yoga 1 TA upskilled in Fun Fit 1 teacher upskilled in Dance	
PE Coordinator to regularly monitor teaching and learning of PE and School Sport, deliver staff training and observe lessons.	£1000	PE Co-ordinator has attended training and network meetings. Action plan updated, website kept up to date. Co-ordinator is conversant with current PE legislation.  Knowledge and skills to improve specialist sport. Opportunities for children to attain higher levels of skill in specific sports.	
Wild Tribe Outdoor Learning	£500	Teachers and TAs used as role models to target pupil groups.  More children engaged in outdoor learning.  Children's mental health and wellbeing supported.	

### Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils

Sport/Provision	Amount	Impact and Evidence	Sustainability
Children in years 1-6 participate in an extra-curricular sports club.  The range of clubs reflect the demand from children and are a range of sports and activities	£500	Clubs are very popular with over 50% school participating so far in Autumn Sports Clubs (more participating in non-sport clubs)  See Autumn clubs table of attendance below:	



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		<table><tr><th colspan="2"><u>Autumn 1 After-school Clubs</u></th><th>Total:97 on roll</th></tr><tr><th>Sport</th><th>Girls attendance</th><th>Boys attendance</th></tr><tr><td>Rugby</td><td>1</td><td>7</td></tr><tr><td>KS1 Football</td><td>8</td><td>10</td></tr><tr><td>KS2 Football</td><td>5</td><td>18</td></tr><tr><td>Cross-country</td><td>2</td><td>6</td></tr><tr><th colspan="3"><u>Autumn 2 After-school Clubs</u></th></tr><tr><th>Sport</th><th>Girls attendance</th><th>Boys attendance</th></tr><tr><td>KS1 Football</td><td>8</td><td>10</td></tr><tr><td>KS2 Football</td><td>5</td><td>19</td></tr></table> <p>Spring Clubs</p> <p>Girls’ football club attend FA’s <b>Girls Football</b> - #LetGirlsPlay</p> <table><tr><th colspan="2"><u>Spring 1 After-school Clubs</u></th><th>Total:97 on roll</th></tr><tr><th>Sport</th><th>Girls attendance</th><th>Boys attendance</th></tr><tr><td>Rugby</td><td></td><td>9</td></tr><tr><td>KS1 Basketball</td><td>5</td><td>11</td></tr><tr><td>KS2 Basketball</td><td>8</td><td>11</td></tr><tr><th colspan="3"><u>Spring 2 After-school Clubs</u></th></tr><tr><th>Sport</th><th>Girls attendance</th><th>Boys attendance</th></tr><tr><td>Girls’ Football</td><td>23</td><td></td></tr><tr><td>KS2 Sports</td><td>10</td><td>16</td></tr></table>	<u>Autumn 1 After-school Clubs</u>		Total:97 on roll	Sport	Girls attendance	Boys attendance	Rugby	1	7	KS1 Football	8	10	KS2 Football	5	18	Cross-country	2	6	<u>Autumn 2 After-school Clubs</u>			Sport	Girls attendance	Boys attendance	KS1 Football	8	10	KS2 Football	5	19	<u>Spring 1 After-school Clubs</u>		Total:97 on roll	Sport	Girls attendance	Boys attendance	Rugby		9	KS1 Basketball	5	11	KS2 Basketball	8	11	<u>Spring 2 After-school Clubs</u>			Sport	Girls attendance	Boys attendance	Girls’ Football	23		KS2 Sports	10	16	
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To offer wider opportunities for physical activities during the residential visit.	£2000	Y5 and Y6-24 children participate in outdoor learning to develop teambuilding and communication skills.  South Wales Adventure Company to provide a range of activities in the Brecon Beacons; rafting, archery and orienteering.																																																										



Pupils' experience of physical activities is widened through a scootering and skateboarding day	£300	Disengaged pupils try new physical activities with improved attitudes towards PE  Pupils' confidence in performances is raised	
Swimming-Extend swimming ability and ensure all children have access to this opportunity	£500	Lifesaving skills developed to benefit life in Cornwall  More children are competent in life-saving skills. They learn to look after themselves and rescue others.	

### Key Indicator 5: Increased participation in competitive sport

Sport/Provision	Amount	Impact and Evidence	Sustainability
Arena Festivals and Tournaments	£50	Increased opportunities for younger children to compete in a league competition structure.  Girls' Football, KS1 Multi-skills, Swimming festival, County cross-country, Quad kids athletics entered	
Marking of track for sports day to ensure all pupils take part in competitive sport	£100	100% of children participate in Sports' Evening, including those in nursery. All children participate in a range of races, throwing and jumping events.	
Piran Partnership tournaments-marking football pitch	£100	Increased opportunities to build up confidence so that all children are able to compete against their peers and other schools	
Travel to enhance competitive opportunities	£350	Children to attend more Level 2 and 3 competitions and build up team spirit by travelling together	



## SWIMMING 22/23:

- 54 (98%) children swam across KS2
- 67% of Year 6 can swim 25m in at least 3 different strokes
- 33% of Year 6 can swim 10m but not 25m
- 56% of all KS2 children swim to government's standard (25m)
- 11% of all KS2 children swim beyond government's standard (at least 50m)

Our Year 5 and 6 children are able to spend focused time on survival skills and spend a day developing their open water awareness by participating in surfing at Fistril Beach.

## SUSTAINABILITY

All areas that we have invested Sports Premium Funding into were allocated with future sustainability in mind. Staff have been trained to deliver high quality PE and provide more opportunities for current and future pupils. Through high quality PE teaching and coaching, pupils have shown an aptitude and interest in a range of sports. The skills gained in PE lessons have encouraged more children to attend after-school clubs and local community clubs. Our pupils are currently competing at County Level in Hockey. It is important to us that the children develop their skills and interests further, sustaining the impact of the Sports Premium funding beyond the school gates. At St Neot School, we celebrate past pupils who have gained County and GB status.