

Physical Development





ST NEOT SCHOOL SPORT AND SPORTS STRATEGY 2024-2025 (Draft)

PE Co-ordinator- Improvement Planning, Provision Mapping, Learning Quality Assurance and Impact Assessment: Mrs S Bowden/Mr D Walton

We hold the prestigious AfPE award giving us Quality Award Status with Distinction, retain our Healthy Schools Status and have been awarded Sainsbury School

Games Gold for this academic year

PE AND SPORT FUNDING

The government has provided funding of £150 million per annum across the country. Money is ring-fenced and intended to increase participation and improve quality of provision for all children. Each school receives £16000 + £10 per child in years 1-6. The physical, emotional and social well-being of our children is at the heart of everything we do at St Neot School. We want happier, healthier children who achieve their potential.

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To improve the quality, breadth	To improve the quality, breadth and depth of PE and sport provision, including increasing participation in PE and sport so that all pupils develop healthy lifestyles and enjoyment sporting experiences				
To engage pupils and teachers in de	eveloping an enjoyable, high quality, broad and balanced curriculum				
To provide a well organised approplocal and County level and linking	oriate and enjoyable programme of competitions and festivals for all pupils of all abilities, including those with SEND, at to national sporting bodies				
To provide valuable opportunities t	to develop leadership programmes across all Key Stages				
To ensure that all pupils of all abili	ties can transfer their school activities to sustained community-based sport				
To ensure that all pupils who are gi	fted and talented in PE and sport are identified and appropriately signposted to a suitable talent development programme				
To ensure that more pupils take par	t more often in school and locally co-ordinated physical activity				
To ensure that pupils and families a	are educated about the health-related benefits of engaging regularly in sustained physical activity and dietary choices				
To ensure that all stakeholders invo	olved in the delivery of PE and sport share the vision and ambitions of this plan and work together to meet its aims				
To maintain an effective PE and sp	ort rolling programme making best value decisions on how to deploy funding				
Key Pupil Group Rationale for Selection					
Pupil Premium Grant	To promote improved lifestyle choices through awareness and participation in extended sporting provision				
Gifted and Talented Extending higher order PE specific skills and encourage access to high quality out of school provision					
Lifestyle Awareness					

To deliver specific co-ordination skill improvements and to increase regularity of access to sporting provision









Key achievements to date until July 2025:	Areas for further improvement and baseline evidence of need:
Swimming data February 2025	To continue swimming lessons for years 1-6 to ensure children develop good
	technique, swimming stamina and safe self-rescue.
afPE distinction attained in July 2024.	Continue to develop our whole school wellbeing offer with reference to 'Decider Skills' as taught by NHS Cornwall.
Quality Mark Gold mark achieved July 2024.	
100% children (including nursery) took part in our annual Sports Day.	To ensure all children understand what they are learning in PE lessons (PE Survey, Autumn 2023 highlighted that 14% only understand sometimes)
Pro 20 Sports Academy ran a intraschool sports festival for Year 5/6 in conjunction on with staff at St Neot PS.	All children will extend their outdoor experience through visiting woods and school-based opportunities.
Progression of skills developed and implemented across the school within our 2 year rolling programme.	Coaches continue to upskill teachers.
Staff upskilled in the teaching of dance – Choreographix .	To continue to develop after school clubs and opportunities at lunch time for sporting activities.
Sports Crew (Year 6) support KS1 playground to learn new games and play safely with equipment	To upskill the PE subject leader through support and training in PE, subject leadership
Children across the school are active during their break and lunchtime. They make the best use of all playground markings and climbing equipment, including Quick Hit Cricket.	
Wide range of after school sports and activity clubs offered after questioning children on what additional sporting opportunities they would enjoy (rugby, girls' football, boys' football, gymnastics etc)	







PE and Sport Premium Key progress and Impact Indicators

Progress and Impact indicators	2020-2021	2021-2022	2022-23	2023-2024	2024-2025
Improvements identified in School Development Plan	The Quality Mark Panel have awarded St Neot School with the afPE Quality Mark Award with Distinction for three years.	PE Coordinator trained as Mental Health lead for school. Bounce system put in place to assess children's mental health and wellbeing.	Mental Health and Wellbeing assemblies, MH display board, use of Bounce app all contributing to a raise in profile of MH and WB in school.	'Decider Skills' have been taught to children and staff upskilled in their use. The Quality Mark Panel have awarded St Neot School with the afPE Quality Mark Award with Distinction for three years.	New PE Co-ordinator completes training and CPD. New staff member trained in Wild Tribe.
High quality learning in PE and sport	Professional coach has provided high quality progressive lessons both in school using COVID safe guidance and through video links during lockdown to all ages, EYFS to Year 6.	Teachers and teaching assistants are upskilled and confident in providing a wide range of high quality PE lessons and individualised support.	Twinkl Move purchased and added to our progressive curriculum.	Rolling programme ensures children have a wide range of high quality experiences in their PE lessons. Sainsbury Gold Award has been granted.	Sainsbury award is maintained. Teachers are upskilled and trained in providing the highest quality PE education. Rolling programme shows a range of sporting activities.
Extended PE breadth of opportunity	CPD training by a professional has upskilled teachers to provide progressive skills and techniques to support lessons.	Progressive 2 year rolling programme ensures all children receive a broad range of experiences in PE and sport.	Twinkl Move lessons ensure a wide range of PE is offered across the school.	Twinkl Move ensures that children have a breadth of PE experiences in lessons.	The rolling programme is updated to include Quick Hit Cricket using the new playground markings. Pupils use this at break time as part of their 30 minute activities.







Impact on pupil achievement in English and Maths	All pupils have been given the opportunity to participate in extended outdoor learning in maths and English, which were both active and linked to wellbeing.	Across the year groups children's attainment has improved and they are benefitting from the progressive two-year rolling programme.	Children have access to a wide range of outdoor learning and the progressive curriculum ensures attainment is high.	Pupil Survey shows that children thoroughly enjoy PE and attainment remains high.	An inclusive rolling programme gives all pupils opportunity to participated in enriched and planned activities.
Improving attendance rates at after school clubs	School clubs were opened when advised given the opportunity to both key stage 1 and key stage 2 to participate in sports clubs. PSHE played an active part in wellbeing this year with lessons built around discussion, being active and team work.	After school clubs very popular across key stages and gender.	A range of sports and activities are provided that are varied and engaging and are well attended by girls and boys.	AUTUMN: 65% of children attended sports clubs after-school. SPRING: 68% of children attended after-school clubs. SUMMER: 71% of children attended after-school club.	Pupils are given an opportunity to participate in a range of after school clubs. Sporting opportunities included, basketball, football, dodgeball, multiskills. High attendance of all clubs Basketball 90% Autumn Multiskills 91% Autumn 97% Spring Football Spring 94% Dodgeball 106% Autumn Increased number of children participating







Increasing participation in competitive sport	Due to COVID, competitive face to face sports have been disrupted. The school has participated in virtual challenges that were offered by Arena, both during home schooling and in school.	All KS2 participated in intra-school football tournament. Football league, girls' football tournament, KS1 multi-skills, tennis tournament, athletics meet attended.	Children participate in football, athletics, swimming and cross-country competitive events.	Arena tournaments and festivals entered and Piran Partnership tournaments run alongside Pro 20 Sports Academy.	Pupils participate in inter and intra school festivals run by Arena, Piran Partnership and St Neot School.
Improved personal fitness levels and skill development	The Quality Mark Panel awarded St Neot School with the afPE Quality Mark Award with Distinction for three years on Monday, 14 th , December, 2020. Year 5 and 6 gained knowledge and understanding of surfing, whilst gaining fitness and water safety during an activity day out.	Assessment across 6 week blocks in a wide range of PE and Sport shows an improvement in skill development.	Progressive curriculum ensures skills are well taught and progress is made throughout the school. Monitored using Sonar tracking.	Half termly assessment using Sonar shows skills are developed and children's fitness improves.	Skills are monitored through assessment on a half termly basis. Surveys show an increase in knowledge and understanding of a healthy life style.
Improved participation in community sporting events	Due to COVID competitive face to face sports have been disrupted. The school has participated in virtual challenges that were offered by Arena.	Children attend hockey, football, rugby, swimming, horse-riding, badminton, tennis community clubs.	Children attend hockey, football, rugby, swimming, horse-riding, badminton, tennis community clubs.	Children represented at county level for hockey and tennis. Many pupils participate in local sporting clubs	Pupil participation is sporting activities outside of school include a range of sports.







Total funding for year 24-25 £16,940

Total Planned spend £ 23,952.84

Summary of Proposed PE Improvement Spending Intentions Outline Plan 22-23					
To improve the delivery of PE and sports lessons by investing in CPD and quality coaching to ensure teaching is consistently good or better					
To map skills progression into our PE Scheme of Work ensuring in depth learning provision for Gifted and Talented pupils is effective					
To provide in-school and after school increased opportunities to participate in a variety of sporting clubs and local and County festivals and competitions					
To maintain a commitment to supporting an annual audit of swimming provision for Key Stage 1 and 2					
To gain measurable data of pupil and parent attitudes to PE, sport and health via surveys					
To develop an explicit approach to promoting children's physical, emotional and social wellbeing					
Funding to access additional sporting enrichment; sporting festivals, outdoor adventurous activities and high quality coaching					
To target selected groups of pupils to ensure a personalised curriculum offer					

Key Indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				
Provision	Amount	Evidence and Impact	Sustainability	







To increase the number of children active for 30 minutes, promoting a healthy lifestyle through physical activity. Sports Crew to promote leadership and physical activity for all pupils at lunchtimes.	£1,000	An increase in those participating in moderate physical activity is at least 98%. Children benefitted from playtimes using wide range of fun activities. PE coordinator monitors rota. Staff have up-to-date training for First Aid. Sports Crew (Y6) playground leaders support EYFS/KS1 children in being active and using the equipment. Children regularly take part in playground games, including disengaged pupils.	Autumn Sports crew enable pupils to participate in activities in the playground every day to improve provision of daily activity. Spring Summer
To introduce positive playgrounds to all children across the school to promote the use of games to develop skills of cooperation, working as a team and emotional resilience.		Positive playgrounds improve children's wellbeing through active participation. Children to develop positive social skills and work out their own rules of behaviour. Reduce the incidence of falling out through a safe environment for all.	
Arena Membership purchased	£450	Children participating in Arena festivals and tournaments	Autumn St Neot School has enrolled for
		More children enter a range of Level 2 competitions and festivals.	another year with Arena. Tournaments have been booked.
		Children begin to participate in festivals and competitions from Year 1.	Pupils have engaged in intra school sports afternoon. Spring Summer

Key Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement

Sport/Provision	Amount	Impact and Evidence	Sustainability
After school clubs make children to feel more motivated, confident and able to get active throughout their life.	£1,900		Autumn 65% of pupils in KS 1 participated in Ball Skills. 46% of pupils in KS 1 participated in after school football club.







			Spring Summer
Continue to use of Bounce to monitor participation in after school clubs	£1617.84 (for 2 years)	PE Coordinator able to monitor the impact of providing extra-curricular activities and participation monitored. Children who are not participating have also been identified and new clubs have been introduced such as dodgeball and athletics.	Survey May 2024 80 7.69 10.39 10.39 20 4.49 20 4.49 20 6.69 13.89 13.89 5.39 Consider Co
New Sports Crew selected for the new academic year to raise profile of PE and school sport.	£60	Sports Crew meetings: pupils given the opportunity to contribute to key decisions about PE and Sport and raising its profile within the school. Sports Crew support play on the EYFS/KS1 playground to ensure that younger children are engaging with play equipment and introducing them to playground games. Sports Crew organise sports for KS 2 to participate in at lunch times, including the use of the Quick Hit Cricket amenities.	Autumn New Sports Crew elected Sept 24 Sports Crew provide daily activities for EYFS/KS 1. Timetable provides activities for KS 2 sporting activities. Pupils are encouraged to use the gum equipment at lunch time. Sports crew elected 4 th September 2024 Spring Summer







Celebration assemblies to	£50	Assemblies delivered with a focus on achievement in PE and school sport,	Autumn
recognise and reward		raising profile with pupils and parents/carers.	Weekly Tuesday assemblies celebrate
chievement in			sporting accomplishments and sporting
PE and Sport		Children have selected 3 St Neot future sporting stars which are displayed on PE board.	heroes. Including Black history.
			3 sporting heroes have been identified.
		Community sport achievements celebrated in weekly newsletter, on PE	
		board and assemblies.	Newsletter shows sporting achievements.
			Spring Summer
Key	Indicator 3: In	creased confidence, knowledge and skills of all staff in teaching	ng PE and sport
Sport/Provision	Amount	Impact and Evidence	Sustainability

New Sports Coordinator is £1000 High quality CPD provides the subject coordinator with the skills to lead Autumn provided with CPD opportunities PE and provides a high quality inclusive PE curriculum. Mr Daniel Walton is the Sports co-ordinator. to develop skills and Mr Walton with Rebecca Boyde PE understanding of the role. Governor to discuss the school's PE conference 29.11.24 accomplishments in the first term. Subject leader Course Wednesday 4th December 2024 * Wednesday 5th CPD has been booked through Arena. February 2025 Wednesday 2nd April 2025 * Wednesday 30th April 2025 Spring Summer







The expertise of external coaches to provide teachers with the confidence and necessary skills to be able to deliver high-quality PE and sport.	£5000	Inclusive PE curriculum which upskills teachers and pupils and ensures positive impact throughout all areas of PE. Staff upskilled (2024-2025) in a variety of PE curriculum areas: 1 teacher upskilled in Gymnastics 1 TA in Wild Tribe	Autumn Pro 20 provide structured lessons that include ABC, skills, progression and fundamentals of a variety of sports. Teachers are upskilled during lessons. TA Wild Tribe CPD booked. Spring Summer
PE Coordinator to regularly monitor teaching and learning of PE and School Sport	£1000	PE Co-ordinator has completed subject monitoring, including discussion with PE governor. PE display board and website kept up to date. Co-ordinator is conversant with current PE legislation. Knowledge and skills to improve specialist sport. Opportunities for children to attain higher levels of skill in specific sports.	Autumn Monitoring and evaluation has taken place. Feedback given to PE governor. CPD suggested for teaching staff. Scootering and skateboarding booked for spring term. Spring Summer
Wild Tribe Outdoor Learning	£1000	Teachers and TAs used as role models to target pupil groups. More children engaged in outdoor learning. Children's mental health and wellbeing supported.	Autumn HLTA and PE coordinator met to develop a challenge programme for each class to complete. Award will take 2 years to complete. Participation in whole school well-being session on kindness, as part of Mental Health Day, showed pupils understanding of how to be kind to themselves and others. Spring Summer

Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils			
Sport/Provision	Amount	Impact and Evidence	Sustainability







Children in years 1-6 participate in an extra-curricular sports club. The range of clubs reflect the demand from children and are a range of sports and activities	£500	Clubs are very popular with 77% school participating so far in Autumn Sports Clubs (others participating in non-sport clubs) An increase of 7% on last year. See Autumn clubs table of attendance below:	In May pupils were asked to choose the sporting activities that they would like to participate in. Popular choices were included in the afterschool activities chosen.
To offer wider opportunities for physical activities during the residential visit.	£2000	Y5 to Y6: 31 children will participate in outdoor learning to develop teambuilding and communication skills. Residential May 2024 Ashbury Resort where outdoor and indoor high energy sports .	Autumn Ashbury Resort has been booked for May 2024
Pupils' experience of physical activities is widened through a scootering and skateboarding day	£400	Scootering, skateboarding and whole day dance events have been booked. Disengaged pupils try new physical activities with improved attitudes towards PE Pupils' confidence in performances is raised	Autumn
Swimming-Extend swimming ability and ensure all children have access to this opportunity	£1000	Y5 and Y6 lifesaving skills developed to benefit life in Cornwall More children are competent in life-saving skills. They learn to look after themselves and rescue others.	Autumn - Pools in the area are being shut for renovation over the autumn period. Admin. are looking into provision however this seems to be working out to over £100 per child.







Surfing at Fistral Beach	£350	Year 5 and 6 children have the opportunity to bodyboard/surf with a Surf School on Fistral Beach in September. Children have developed their skills and confidence in the water. Some children have asked for a surfboard as a result of their enjoyable experience.	100% participation for surfing, including vulnerable and SEN pupils. Children reported that they had learnt new skills and felt safer in the water. Edward- I am now able to stand on a surf board. Catherine – How to protect myself if I crashed! Jenson – We learnt we had to stay in the checked flags.
Funfit	£225	Trained Funfit TA enables pupils to improve a child's co-ordination skills and underlying postural stability and balance. Fun Fit improves the foundations of movement.	100% participants show improvement in co-ordination. The impact has developed pupil's: Activities will help to improve specific skills such as: Eye-hand co-ordination Body awareness Spatial awareness Ball skills Improving these skills can help with: sitting in class handwriting dressing and changing for P.E lessons balancing activities







Girl's football £1.000	Girls have the opportunity to play football. This includes coaching sessions and small tournaments.	Girl's self-esteem is raised in competing in competitive sports. Skills learnt are transferred to other sports.
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Key Indicator 5: Increased participation in competitive sport			
Sport/Provision	Amount	Impact and Evidence	Sustainability
Arena Festivals and Tournaments	£500	Increased opportunities for younger children to compete against other schools. KS1 Multi-skills, Inclusion events: bowling, swimming and multi-skills entered	Autumn Bookings are being made, however, this is being made difficult due to lack of communication by Area.
Marking of track for sports day to ensure all pupils take part in competitive sport Markings on playground for Quick Hit Cricket	£4, 900	Purchase of Quick Hit Cricket playground markings and equipment. Whole school launch day including specialist coaching and visit from Cornwall County Cricket Association.	Autumn Term New markings for Quick Cricket have been added to the KS2 playground. Whole school event organised for all pupils to participate in opening event. Cornwall cricket association attended event. Coaches provided training to upskilled teachers in Quick Hit Cricket.







Piran Partnership tournaments	£100	Increased opportunities to build up confidence so that all children are able to compete against their peers and other schools. See St Neot timetable of sports competitions:	Pupils participated in football tournaments against the Piran Partnership Schools. This was a fun event and enjoyed by all. Pupils reported: enjoying the competition against another school, encouraging each other, celebrating goals.
Travel to enhance competitive opportunities including inter and intra activies.	£500	Children to attend more Level 2 and 3 competitions and build up team spirit by travelling together.	Autumn Pupils participated in intra school activities in house teams – Davy won. These activities included a range of sports including hockey, rugby, football, hurdles, sprint relay







SWIMMING 23/24:

Swimming data from previous academic year, will be updated following this year's swimming lessons.

- (100%) children swam across UKS2
- 83.3% of Year 6 can swim 25m in at least 3 different strokes
- 100% of Year 6 can swim 10m but not 25m
- 83.3% of all KS2 children swim to government's standard (25m)
- 75% of all KS2 children swim beyond government's standard (at least 50m)

Our Year 5 and 6 children are able to spend focused time on survival skills and spend a day developing their open water awareness by participating in surfing at Fistral Beach.

SUSTAINABILITY

All areas that we have invested Sports Premium Funding into were allocated with future sustainability in mind. Staff have been trained to deliver high quality PE and provide more opportunities for current and future pupils. Through high quality PE teaching and coaching, pupils have shown an aptitude and interest in a range of sports. The skills gained in PE lessons have encouraged more children to attend after-school clubs and local community clubs. Our pupils are currently competing at County Level in Tennis Hockey. It is important to us that the children develop their skills and interests further, sustaining the impact of the Sports Premium funding beyond the school gates. At St Neot School, we celebrate past pupils who have gained County and GB status.