

## ST NEOT SCHOOL PE Rationale

St Neot Primary School believes that a high-quality P.E. curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. We believe the curriculum should provide opportunities for all pupils to become physically confident in a way which supports their health and fitness. We feel that opportunities to compete in sport and other activities build character and help to embed values such as tolerance, fairness, resilience and respect. Our school's P.E. programme aims to ensure that all pupils develop competence to excel in a broad range of physical activities, are physically active for sustained periods of time, engage in competitive sports and activities and lead healthy, active lifestyles.

### Intent

St Neot School believes that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health. We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills. We want to teach children skills to keep them safe such as being able to swim. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness, equality and inclusion of play. We believe that sport teaches, embeds and gives opportunity to develop perseverance and respect. Equipping our children with all of the values needed for responsible lifelong citizenship. Our curriculum aims to improve the wellbeing and fitness of all children at St. Neot, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.

### Implementation:

Our PE curriculum is taught:

By providing challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall activities, striking and fielding events, gymnastics, dance, Outdoor Adventurous Activities (OAA) and swimming.

Ensuring the requirements of the National Curriculum and EYFS Framework are met following our long-term PE curriculum overview which sets out the units to be taught throughout the year, ensuring lessons are progressive.

By delivering two high quality PE lessons each week, covering two sporting disciplines every half term. In addition, children are encouraged to participate in the varied range of extra-curricular activities available before and after school.

By a qualified PE specialist for each class twice a week.

In addition:

We have a sporting calendar offering opportunities for competitive sport throughout the year covering a broad range of sports with links to other schools.

We have an annual sports day with the emphasis on participation and achievement for all, this also has a strong competitive edge which is linked to the children's house teams.

We have an annual sports evening (split into EYFS/KS1 and KS2) with the emphasis on participation and achievement for all. Children in Year 6 will swim every day for a week for one half term (a minimum of 12 weeks).

We offer a residential OAA residential experience for children in Year 6.

We have developed some strong links and signpost to local sporting clubs.

### Impact: to be reviewed at the end of each year

Children leave school having a love of sport and physical activity both in and out of school, with this continuing into later life. Children will have worked on their own aspirations in relation to PE and this will be carried on after leaving KS2, with children continuing to participate for enjoyment or competitively. All children should be able to discuss the importance of a healthy lifestyle and how this is achieved as well as developed skills that underpin life such as teamwork, sportsmanship, self-motivation, resilience and independence.