**January 2017 KS2 P.E. and Healthy Lifestyle Pupil Questionnaire**

KS2 children were given a questionnaire on Tuesday 17th January. The first question they were asked was: **How do you think PE and sport contribute to your health and wellbeing?**

The children’s answers included:

I do it for the enjoyment.

PE makes your body more able.

It makes you stronger.

**Community clubs the children attend for training and competitive opportunities:**

St Neot Cricket Club Swimming at Lux Park, Liskeard

Caradon Hockey Club Swimming at Dragon Leisure Centre, Bodmin

Bodmin Football Club Tennis at Menheniot

Dobwalls Football Club

Liskeard Football Club

**The children were asked how being part of a team contributes to their development as a person.** Their answers included:

It’s a good way to get to know new people.

Playing sport helps you get fit.

* Hockey

Other sports and activities which KS2 would like the opportunity to participate in during PE and after school club time are boxing, long jump\*, trampoline\*\*, tag rugby and contact, table tennis, wrestling and golf. \*Long Jump practise will commence as part of Athletics lessons in the summer term. \*\*Years 1-6 are attending iBounce in Bodmin (24.01.17).

**Autumn Extra-curricular Sport and Healthy, Active Lifestyle Activities**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Club | Year Groups | Focus | Number of girls | Number of boys | Total in attendance |
| Football | 2-6 | Basic skills of dribbling, stopping and kicking the ball. | 5 | 17 | 22 |
| Badminton | 5-6 | Basic skills of grip, footwork, serve and stance. | 7 | 1 | 8 |
| Hockey | 2-6 | Basic skills of dribbling, stopping and pushing the ball. | 8 | 8 | 16 |
| Cookery | 3-6 | To begin to understand and apply the principles of nutrition and learning to cook. | 5 | 3 | 8 |

**Spring Extra-curricular Sport and Healthy, Active Lifestyle Activities**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Club | Year Groups | Focus | Number of girls | Number of boys | Total in attendance |
| Football | 2-6 | Building on the skills of dribbling, stopping and kicking the ball. | 5 | 14 | 19 |
| Badminton | 5-6 | Building on the skills of grip, footwork, serve and stance. | 7 | 1 | 8 |
| Cross Country | 2-6 | To improve endurance and understanding of how to pace self in a long distance race. | 1 | 9 | 10 |
| Archery | 2-6 | Basic skills of grip, loading the arrow, stance and aim. | 3 | 9 | 12 |
| Cookery | F-2 | To begin to understand and apply the principles of nutrition and learning to cook. | 7 | 3 | 10 |