

## ST NEOT SCHOOL PSHE RATIONALE

From September 2020, Relationships Education became compulsory for all pupils receiving primary education. The DFE guidance defines RSE as “**lifelong learning about physical, moral and emotional development**. It is about the understanding of the importance of marriage and family life, stable and loving relationships, respect, love and care.

### Intent

The PSHE (Physical, Social, Health, and Economic Education) and RSE (Relationships, Sex Education) curriculum at St Neot School embraces each child, offering them a safe opportunity to explore themselves, relationships and the wider-world around them.

PSHE and RSE provide plentiful opportunities to voice opinions and clarify understanding, encouraging openness within discussion which contributes to the personal development of each individual. The range of aims and activities covered also help our children to appreciate the diverse communities in which we live contributing to their spiritual, moral, social and cultural development.

We offer a valuable curriculum in which information is shared with our children to empower them to make positive decisions about their own health and wellbeing, allowing them to recognise when issues arise, knowing how to seek support as early as possible from appropriate sources. In essence, the curriculum aims to promote positive physical, mental and emotional well-being, which is fundamental in the lives of our children both now and as they grow and mature.

### Implementation

The PSHE curriculum delivered at the St Neot School aims to cover all statutory requirements outlined in Statutory Government Guidance. Direction has been sought from the PSHE Association to create a curriculum allowing our staff to design and plan age-appropriate subject content to cover aims based on core areas of the curriculum.

Using a thematic approach, different year groups will work on similar themes at the same time (Relationships, Living in the Wider World and Health & Wellbeing) offering staff flexibility to meet planning requirements, the needs of their cohort and reflect the context of the school and local community. Lesson plans also outline areas in which PSHE complements other national curriculum subjects allowing them to be seamlessly integrated into teaching.

We aim to ensure that all pupils:

Grow in self-respect, aim high and celebrate who they are.

Understand the rights of the child and laws/rules in place to enjoy a happy, healthy and safe childhood.

Acquire the skills necessary to develop and sustain positive relationships, focusing on family and friends, including online.

Appreciate and respect differences, valuing the contributions others make to our society.

Develop resilience when faced with challenging situations knowing how / where to seek help.

**Impact**

We believe our children will:

Voice their opinions with confidence, appreciating other points of view.

Value the importance of a healthy, active lifestyle to both their physical and mental wellbeing.

Mature into respectable citizens of their local and global community.

Embrace the challenges of creating a happy and successful adult life.