



### NURSERY NEWS

Theme Autumn Term: Traditional tales/Christmas  
Weekly Topic/book: Jack and the Beanstalk.

As the weather is turning colder, please could all children have a weather appropriate coat and hat for nursery please.

Could you please ensure that communication books are checked regularly—Thank you.

### DATES FOR YOUR DIARY

4th December: Christmas Fayre 2pm-4pm - poster attached  
5th December: PTA wreath making at Trevenna 7.30pm (bookings only)  
6th December: Christmas Story Time 5-6pm—school hall  
13th December: Christmas Concert 1.30pm and 6pm—Church  
14th December: Christmas Jumper day  
19th December: **LAST DAY OF TERM**  
4th January: **FIRST DAY OF TERM**

**Keep checking these dates as they may change at short notice**

### DRUM ASSEMBLY

Thank you to Tom the drum teacher for organising a drum assembly on Monday. The children did so well and we are all very proud of what they have achieved! Thank you to all the parents that came to watch.



### UNIFORM ORDERS

Please could all outstanding payments be made for uniform that has been received this term.

### CHRISTMAS POST BOX

The Christmas post box is now open. Children can post their cards and pay 2p for the stamp, same day delivery is guaranteed!

We do encourage children not to send too many cards. The money will go to RNIB charity.



### Teddy Tombola

If you have any teddy bears to donate for the teddy tombola at the Christmas Fayre they would be gratefully received. Please drop them to the school office.

### Christmas Jumpers

If you have any unwanted kids jumpers to sell at the Xmas fayre as a fundraiser, please drop them to the school office.

### HOUSE POINTS

This week's house points have been awarded to children who have worked hard, been polite and helpful and gone above and beyond to help the school run smoothly.

Aylward: 77 Davy: 95 Trevithick: 80  
Total: 868 1090 900

**Well done to you all**

The PTA would like to ask for donations of cakes and biscuits to sell at the Christmas Fayre. If you are able to help, please drop them to the school office or email [PTA@st-neot.cornwall.sch.uk](mailto:PTA@st-neot.cornwall.sch.uk)

### CROSS COUNTRY

Congratulations to all the children who took part in the Cross-country race at Lanhydrock on 17th November.

Charlotte came 23 out of 110  
Rosie came 110 out of 110  
Ada came 76 out of 110  
Sadie-Rae came 92 out of 110  
Jennifer came 107 out of 110  
James came 40 out of 129  
Harlyn came 76 out of 129  
Barnaby came 92 out of 129  
Bernie came 86 out of 129  
Alyce came 83 out of 118  
Matty came 40 out of 114  
Oliver came 80 out of 114

### DISCOVERY DAY CRAFT



We have been requested by local organisations to include the community events detailed below. These are not endorsed by St Neot School.

Merry Christmas! Advent Windows: Santa's Elves have been busy at work around St Neot in the lead up to advent this year. They have created a giant advent calendar with a festive window decoration to be revealed each day. Over the next few weeks, one new window will light up each evening. On 1st December, look for the window with a number 1 on display, a 2 on the 2nd December and so on. By Christmas Eve there will be 24 snowman-themed windows to look out for. We hope it will be a great way to get into the festive spirit. Maps will be available at the School Christmas Fayre, the shop, church, social club and pub to help you. They're free, but a small monetary donation to Liskeard and Looe foodbank would be really appreciated. Merry Christmas!

This week, Trudy from the NHS Mental Health team returned to teach our children more about the 'Decider Skills'. We learnt about the 'SELF care' skill which reminds us to Sleep, Eat well and Exercise, Look at: What is going on right now for me?, Find fun everyday. Trudy asked us to think of 5 different activities that we like to do to bring us joy. She also discussed how important it is to get enough sleep and to eat healthily and make sure we exercise. Below are some websites that provide further advice to help your children get enough sleep.

<https://www.mind.org.uk/information-support/types-of-mental-health-problems/sleep-problems/tips-to-improve-your-sleep/>

<https://www.gosh.nhs.uk/conditions-and-treatments/procedures-and-treatments/sleep-hygiene-children/#:~:text=Set%20a%20routine&text=A%20routine%20can%20begin%2030,to%20calm%20down%20before%20sleeping.>

There is also a 'SELF care' poster attached; please discuss the 'Decider Skills' with your children. We believe that they are an excellent tool to help our children with their mental health and wellbeing.

# Christingle

## St Neot Church

**Saturday**

**9 December**

**3pm**

**All welcome!**

