



Physical Development





PE Co-ordinator- Improvement Planning, Provision Mapping, Learning Quality Assurance and Impact Assessment: Mrs S Bowden

We hold the prestigious AfPE award giving us Quality Award Status with Distinction, retain our Healthy Schools Status and have been awarded Sainsbury School

Games Gold for this academic year

#### PE AND SPORT FUNDING

The government has provided funding of £150 million per annum across the country. Money is ring-fenced and intended to increase participation and improve quality of provision for all children. Each school receives £16000 + £10 per child in years 1-6. The physical, emotional and social well-being of our children is at the heart of everything we do at St Neot School. We want happier, healthier children who achieve their potential.

everyt	everything we do at St Neot School. We want happier, healthier children who achieve their potential.			
To improve the quality, breadth	To improve the quality, breadth and depth of PE and sport provision, including increasing participation in PE and sport so that all pupils develop healthy lifestyles and enjoyment sporting experiences			
To engage pupils and teachers in de	eveloping an enjoyable, high quality, broad and balanced curriculum			
	To provide a well organised appropriate and enjoyable programme of competitions and festivals for all pupils of all abilities, including those with SEND, at local and County level and linking to national sporting bodies			
To provide valuable opportunities t	o develop leadership programmes across all Key Stages			
To ensure that all pupils of all abili	To ensure that all pupils of all abilities can transfer their school activities to sustained community-based sport			
To ensure that all pupils who are gi	To ensure that all pupils who are gifted and talented in PE and sport are identified and appropriately signposted to a suitable talent development programme			
To ensure that more pupils take par	To ensure that more pupils take part more often in school and locally co-ordinated physical activity			
To ensure that pupils and families are educated about the health-related benefits of engaging regularly in sustained physical activity and dietary choices				
To ensure that all stakeholders involved in the delivery of PE and sport share the vision and ambitions of this plan and work together to meet its aims				
To maintain an effective PE and sp	To maintain an effective PE and sport rolling programme making best value decisions on how to deploy funding			
Key Pupil Group	Rationale for Selection			
Pupil Premium Grant	To promote improved lifestyle choices through awareness and participation in extended sporting provision			
Gifted and Talented	Extending higher order PE specific skills and encourage access to high quality out of school provision			
Lifestyle Awareness	To promote improved lifestyle choices through awareness and participation in extended sporting provision			

To deliver specific co-ordination skill improvements and to increase regularity of access to sporting provision









#### Key achievements to date until July 2024:

Swimming data February 2024

- 54 (98%) children swam across KS2
- 100% of Year 6 can swim 25m in at least 3 different strokes
- 4.2% UKS 2children can swim 10m but not 25m
- 83.3.% UKS 2children swim to government's standard (25m)
- 75% UKS2 children swim beyond government's standard (at least 50m)

Re-applied for afPE Quality Mark.

100% children (including nursery) took part in our annual Sports Day.

Our partnership with Arena has continued and the children experienced a calendar of competitions and festivals.

Pro 20 Sports Academy run Piran Partnership tournaments in conjunction with staff at St Neot PS.

Progression of skills developed and implemented across the school within our 2 year rolling programme.

Staff upskilled in the teaching of dance – Ballare Dance.

Sports Crew (Year 6) support KS1 playground to learn new games and play safely with equipment

Children across the school are active during their break and lunchtime. They make the best use of all playground markings and climbing equipment.

Wide range of after school sports and activity clubs offered after questioning children on what additional sporting opportunities they would enjoy (rugby, girls' football, gymnastics etc)

### **Areas for further improvement and baseline evidence of need:**

To continue swimming lessons for years 1-6 to ensure children develop good technique, swimming stamina and safe self-rescue.

Continue to develop our wellbeing offer with reference to 'Decider Skills' as taught by NHS Cornwall in Autumn term.

To ensure all children understand what they are learning in PE lessons (PE Survey, Autumn 2023 highlighted that 14% only understand sometimes)

Coaches continue to upskill teachers.

Reconnect with community sport clubs to assist with after-school clubs.







PE and Sport Premium Key progress and Impact Indicators

Progress and Impact indicators	2019-20	2020-2021	2021-2022	2022-23	2023-2024
Improvements identified in School Development Plan	Sainsbury School Games Gold Award achieved for the third year in a row. We hope to go for Platinum next year  Resources for planning were purchased and are being implemented.	The Quality Mark Panel have awarded St Neot School with the afPE Quality Mark Award with Distinction for three years.	PE Coordinator trained as Mental Health lead for school.  Bounce system put in place to assess children's mental health and wellbeing.	Mental Health and Wellbeing assemblies, MH display board, use of Bounce app all contributing to a raise in profile of MH and WB in school.	'Decider Skills' have been taught to children and staff upskilled in their use.
High quality learning in PE and sport	Professional coaches employed to provide upskilling of teachers and teaching assistants ensuring confidence in providing a wide range of high quality PE lessons and individualised support.	Professional coach has provided high quality progressive lessons both in school using COVID safe guidance and through video links during lockdown to all ages, EYFS to Year 6.	Teachers and teaching assistants are upskilled and confident in providing a wide range of high quality PE lessons and individualised support.	Twinkl Move purchased and added to our progressive curriculum.	Rolling programme ensures children have a wide range of high quality experiences in their PE lessons.
Extended PE breadth of opportunity	Professional coaches employed to provide upskilling of teachers and teaching assistants ensuring confidence in providing a wide range of high quality PE lessons and individualised support.	CPD training by a professional has upskilled teachers to provide progressive skills and techniques to support lessons.	Progressive 2 year rolling programme ensures all children receive a broad range of experiences in PE and sport.	Twinkl Move lessons ensure a wide range of PE is offered across the school.	Twinkl Move ensures that children have a breadth of PE experiences in lessons.







Impact on pupil achievement in English and Maths	Across the year groups children's attainment has improved and they are benefitting from the new two year rolling programme.	All pupils have been given the opportunity to participate in extended outdoor learning in maths and English, which were both active and linked to wellbeing.	Across the year groups children's attainment has improved and they are benefitting from the progressive two year rolling programme.	Children have access to a wide range of outdoor learning and the progressive curriculum ensures attainment is high.	Pupil Survey shows that children thoroughly enjoy PE and attainment remains high.
Improving attendance rates at after school clubs	More activities are provided that are varied and engaging and are well attended by girls and boys.	School clubs were opened when advised given the opportunity to both key stage 1 and key stage 2 to participate in sports clubs. PSHE played an active part in wellbeing this year with lessons built around discussion, being active and team work.	After school clubs very popular across key stages and gender.	A range of sports and activities are provided that are varied and engaging and are well attended by girls and boys.	AUTUMN: 65% of children attended sports clubs after-school.
Increasing participation in competitive sport	Children participate in hockey, football, athletics, swimming and cross country competitive events	Due to COVID, competitive face to face sports have been disrupted. The school has participated in virtual challenges that were offered by Arena, both during home schooling and in school.	All KS2 participated in intra-school football tournament.  Football league, girls' football tournament, KS1 multi-skills, tennis tournament, athletics meet attended.	Children participate in football, athletics, swimming and cross country competitive events.	Arena tournaments and festivals entered and Piran Partnership tournaments run alongside Pro 20 Sports Academy.







Improved personal fitness levels and skill development	Sainsbury School Games Gold Award achieved for the third year in a row. We hope to go for Platinum next year.  We are reapplying for the afPE Award and will be notified in Nov. 2020	The Quality Mark Panel awarded St Neot School with the afPE Quality Mark Award with Distinction for three years on Monday, 14 <sup>th</sup> , December, 2020. Year 5 and 6 gained knowledge and understanding of surfing, whilst gaining fitness and water safety during an activity day out.	Assessment across 6 week blocks in a wide range of PE and Sport shows an improvement in skill development.	Progressive curriculum ensures skills are well taught and progress is made throughout the school. Monitored using Sonar tracking.	Half termly assessment using Sonar shows skills are developed and children's fitness improves.
Improved participation in community sporting events	Children represented at county level for hockey and crosscountry. Many pupils participate in local sporting clubs	Due to COVID competitive face to face sports have been disrupted. The school has participated in virtual challenges that were offered by Arena.	Children attend hockey, football, rugby, swimming, horse-riding, badminton, tennis community clubs.	Children attend hockey, football, rugby, swimming, horse-riding, badminton, tennis community clubs.	Children represented at county level for hockey and tennis. Many pupils participate in local sporting clubs







## Total funding for year 23-24 £16,750

## Total Planned spend £ 17,026.84

ı	Summary of Pro	posed PE Im	provement S	pending	Intentions	Outline Plan 22-23

To improve the delivery of PE and sports lessons by investing in CPD and quality coaching to ensure teaching is consistently good or better

To map skills progression into our PE Scheme of Work ensuring in depth learning provision for Gifted and Talented pupils is effective

To provide in-school and after school increased opportunities to participate in a variety of sporting clubs and local and County festivals and competitions

To maintain a commitment to supporting an annual audit of swimming provision for Key Stage 1 and 2

To gain measurable data of pupil and parent attitudes to PE, sport and health via surveys

To develop an explicit approach to promoting children's physical, emotional and social wellbeing

Funding to access additional sporting enrichment; sporting festivals, outdoor adventurous activities and high quality coaching

To target selected groups of pupils to ensure a personalised curriculum offer

Key Indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Provision	Amount	Impact and Evidence	Sustainability
To continue to develop playground to increase the number of children active for 30 minutes.	£1,000	100% of children have benefitted from playtimes using wide range of exciting play equipment; TA's monitor rota and First Aid training has been updated.	A timetable ensured that pupils participated in playground activities for 30 minutes. These were initiated by The Sports Crew and delivered
To support and promote physical activity and skill at EYFS and KS1.		Children taught how to use apparatus and equipment safely. Equipment has been updated and repaired.	effectively to engage pupils in active sports sessions.
To develop playground leaders (Sports Crew) to promote leadership and physical activity for all pupils at lunchtimes		Sports Crew (Y6) playground leaders on a rota to support KS1 children in being active and using the equipment. Children regularly take part in playground games, including disengaged pupils.	First Aid training for all staff completed by July 2024.







			Sports Crew provided inclusive games to ensure participation. 98% of pupils said that they enjoyed participating.
Arena Membership purchased	£450	Children participating in Arena festivals and tournaments  More children enter a range of Level 2 competitions and festivals.  Children begin to participate in festivals and competitions from Year 1.	Participation in:  28 (100%) pupils participated in the KS 1 festival. St Neot School won the multi-skills tournament.  Inclusive games were attended including swimming and bowling.  30 (100%) pupils participated in the Piran Partnership Football Festival.  12 Pupils from KS2 participated in the hockey festival at Liskeard.

# Key Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement Sport/Provision Amount Impact and Evidence Sustainability Twinkl Move PE curriculum purchased and lessons (1) and 1) sused and where not followed, legitimate reasons and evidence (1) sused and ways enjoying lessons, 24.1% mostly (1) followed







		provided, for example, changed so rugby was taught to enable children to enter Arena tournament.	enjoying lessons and 6.9% sometimes enjoying lessons.
Use of Bounce to monitor participation in after school clubs	£1617.84 (for 2 years)	PE Coordinator able to monitor the impact of providing extra- curricular activities and participation monitored.  Children who are not participating have also been identified and new clubs have been introduced such as archery and dodgeball.	10
New Sports Crew selected for the new academic year to raise profile of PE and school sport.	£60	Sports Crew meetings: pupils given the opportunity to contribute to key decisions about PE and Sport and raising its profile within the school.  Sports Crew support play on the KS1 playground to ensure that younger children are engaging with play equipment and introducing them to playground games.	Weekly recorded meetings. Pupils provided sports playtime activities, which were inclusive.  During my playtimes, I am active and feel this is helping me stay fit and healthy.







Celebration assemblies to	£50	Assemblies delivered with a focus on achievement in PE and school	Assemblies were lead by the Sports Crew who each
recognise and reward achievement in		sport, raising profile with pupils and parents/carers.	week read text to celebrate Sports champion including: Marcus Rashford, Sebastian Coe
PE and Sport		Children have selected 3 St Neot future sporting stars which are	During assemblies three pupils were identified by
		displayed on PE board.	their peers that they believed would be future
		Community sport achievements celebrated in weekly newsletter, on PE board and assemblies.	sporting stars.
		board and assembles.	The pupils at St Neot School participate in many community events. These can be seen on our website, displays and co-ordinators folder.







# Key Indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Sport/Provision	Amount	Impact and Evidence	Sustainability
Sports and Dance specialists to provide structured lessons, and training for teaching staff to ensure positive impact across all PE lessons.	£7000	Teachers have been upskilled in dance.  Foundation to Y6 lessons have enhanced skills and confidence.  Inclusive PE curriculum which upskills teachers and pupils and ensures positive impact throughout all areas of PE.	All classes participated in whole day dance classes. Performances concluded the day with parents/carers and family were invited to watch. Recordings were made and shared with parents/carers on Google Classroom.
CPD for staff to include working alongside coaches and access to courses through ARENA CPD	£as above	Staff upskilled (2023-2024) in a variety of PE curriculum areas:  1 TA upskilled in Fun Fit 1 teacher upskilled in Dance	CPD completed.







PE Coordinator to regularly monitor teaching and learning of PE and School Sport, deliver staff training and observe	£1000	PE Co-ordinator has completed subject monitoring, including discussion with PE governor. PE display board and website kept up to date. Co-ordinator is conversant with current PE legislation.	Monitoring was completed. Pupil evaluation completed on Sonar. AfPE awarded distinction. Gold Sainsbury award maintained.
lessons.		Knowledge and skills to improve specialist sport. Opportunities for children to attain higher levels of skill in specific sports.	
Wild Tribe Outdoor Learning	£500	Teachers and TAs used as role models to target pupil groups.  More children engaged in outdoor learning.	100% of pupils participated in Wild Tribe activities for whole day learning each term.
		Children's mental health and wellbeing supported.	

	Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils					
Sport/Provision	Amount	Impact and Evidence	Sustainability			







Children in years 1-6 participate in an extra-curricular sports club.	£500	Clubs are very popular Sports Clubs (others pa See Autumn clubs table	rticipating in non-spor	cipating so far in Autumn rt clubs)	Which after-school sports club/s have you attended this academic year?		
The range of clubs reflect the demand		Autum	n 1 After-school Clu	bs Total:91 on roll	50		
from children and		Sport	Girls attendance	Boys attendance	40		
are a range of		KS1 Football	7	8			
sports and activities		KS2 Football	14	17	(%) 30 ———————————————————————————————————		
		Cross-country	6	6	881 120 41.4% 41.4%		
		Au	tumn 2 After-school	Clubs	36.8%		
		Sport	Girls attendance	Boys attendance	13.8%		
		KS1 Football	5	7			
		KS2 Football	12	18	Football Hockey Dodgeball Tennis Cross country Multiskills None		
To offer wider opportunities for physical activities during the residential visit.	£2000	Y4 to Y6: 35 children participate in outdoor learning to develop teambuilding and communication skills.  PGL Barton Hall activities include: abseiling, air ball, aquapark, archery, beach games, climbing, challenge course, forest walk, high ropes.			A successful residential was enjoyed by 95% of year 5/6 pupils, with Year 4 pupils being given the opportunity to attend. The activities included Giant Swing to Zip Wire, Climbing and Raft Building, to name just a few. Many of the activities that the children participated in had never been tried before.		
Pupils' experience of physical activities is widened through a scootering and skateboarding day	£300	*Not yet booked for this academic year.  Disengaged pupils try new physical activities with improved attitudes towards PE  Pupils' confidence in performances is raised			Scootering and skateboarding took place in February. Children were taught how to keep safe, correct safety clothing to wear. Balance, techniques and tricks were taught. Pupils gained in confidence and enjoyed a different sporting activity.		







Swimming- Extend swimming ability and ensure all children have access to this opportunity	£500	Y5 and Y6 lifesaving skills developed to benefit life in Cornwall  More children are competent in life-saving skills. They learn to look after themselves and rescue others.	<ul> <li>Swimming data February 2024</li> <li>(100%) children swam across UKS2</li> <li>83.3% of Year 6 can swim 25m in at least 3 different strokes</li> <li>100% of Year 6 can swim 10m but not 25m</li> <li>83.3% of all KS2 children swim to government's standard (25m)</li> <li>75% of all KS2 children swim beyond government's standard (at least 50m)</li> </ul>
Surfing at Fistral Beach	£350	Year 5 and 6 children have the opportunity to bodyboard/surf with a Surf School on Fistral Beach in September.  Children have developed their skills and confidence in the water.  Some children have asked for a surfboard as a result of their enjoyable experience.	100% participation for surfing, including vulnerable and SEN pupils.  Children reported that they had learnt new skills and felt safer in the water.  Edward- I am now able to stand on a surf board.  Catherine – How to protect myself if I crashed!  Jenson – We learnt we had to stay in the checked flags.

Key Indicator 5: Increased participation in competitive sport						
Sport/Provision	Amount	Impact and Evidence	Sustainability			







Arena Festivals and Tournaments	£as above	Increased opportunities for younger children to compete against other schools.  KS1 Multi-skills, Inclusion events: bowling, swimming and multi-skills entered	Participation in interschool events including hockey as well as many of the events listed in the table below.  Olivia – I enjoyed using my skills when playing against other teams.  Seren – I enjoyed playing hockey with other schools and the opportunities.  Ruan – I like working together as a team to score goals.
Marking of track for sports day to ensure all pupils take part in competitive sport	£100	100% of children participate in Sports' Evening, including those in nursery. All children participate in a range of races, throwing and jumping events.	98% of pupils participated in sports day with some children unwell to participate. Children were able to participate in at least three events each.
Piran Partnership tournaments	£100	Increased opportunities to build up confidence so that all children are able to compete against their peers and other schools.  See St Neot timetable of sports competitions:	Pupils participated in football tournaments against the Piran Partnership Schools. This was a fun event and enjoyed by all. Pupils reported: enjoying the competition against another school, encouraging each other, celebrating goals.







AUTUMN TERM		
Date	Event	Venue
05.10.23	Inclusion Ten Pin Bowling	Trethorne
13.10.23	Hockey K52	Lux Park
13.10.23	Year 3/4 Football	St Neot
13.10.23	Cross Country	Great Trethew
10.11.23	Year 5/6 Football	St Neot
17.11.23	Cross Country	TBC
21.11.23	Touch rugby and KS1 Multi-skills	Callington
07.12.23	Winter Cornwall School Games	Bodmin







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			SPRING TERM			
		12.01.24	Cross Country	TBC		
		02.02.24	Year 5/6 Dodgeball and Hockey KS2	Lux Park		
		02.02.24	Cross Country	TBC		
		25.02.24	Inclusion Swimming Festival	Newquay		
		01.03.24	Hockey	Lux Park		
		01.03.24	Inclusion Multi-skills	Bodmin		
		08.03.24	KS1 Multi-skills	5t Neot		
		08.03.24	Indoor Athletics and Girls' football	Bodmin		
		22.03.23	Spring Cornwall School Games	Bodmin		
		25.03.24	Cross Country Final	Newquay		
			SUMMER TERM			
		07.06.24	Hockey KS2	Lux Park		
		14.06.24	Sports' Evening	St Neot		
					•	
Travel to enhance competitive opportunities	£500	Children to attend more Level 2 and 3 competitions and build up team spirit by travelling together.				Pupils felt that going to other schools to compete gave them the opportunity to participate as a team against others. Had opportunities to see other schools. Cheer each other on.







## SWIMMING 23/24:

Swimming data from previous academic year, will be updated following this year's swimming lessons.

- (100%) children swam across UKS2
- 83.3% of Year 6 can swim 25m in at least 3 different strokes
- 100% of Year 6 can swim 10m but not 25m
- 83.3% of all KS2 children swim to government's standard (25m)
- 75% of all KS2 children swim beyond government's standard (at least 50m)

Our Year 5 and 6 children are able to spend focused time on survival skills and spend a day developing their open water awareness by participating in surfing at Fistral Beach.

## **SUSTAINABILITY**

All areas that we have invested Sports Premium Funding into were allocated with future sustainability in mind. Staff have been trained to deliver high quality PE and provide more opportunities for current and future pupils. Through high quality PE teaching and coaching, pupils have shown an aptitude and interest in a range of sports. The skills gained in PE lessons have encouraged more children to attend after-school clubs and local community clubs. Our pupils are currently competing at County Level in Tennis Hockey. It is important to us that the children develop their skills and interests further, sustaining the impact of the Sports Premium funding beyond the school gates. At St Neot School, we celebrate past pupils who have gained County and GB status.